psyomics

Instructions for Use

Psyomics Platform

1. Intended Purpose

Intended Use

The Psyomics Platform is a Health Information Technology (IT) System intended to support Healthcare Professionals in the collection, secure storage, and communication of information relating to the status of patients' mental health.

The platform performs simple calculations (e.g., simple arithmetic) to generate scores from standardised and validated mental health questionnaires, presenting the results in a web browser or exported pdf report. These calculations are transparent and easily verifiable using simple arithmetic by the Healthcare Professional.

The Psyomics Platform is not a medical device and does not provide any interpretation of the information it captures. Healthcare Professionals are required to apply their own expertise and clinical judgement when making decisions and must not rely solely on the platform's outputs for decision making.

Intended Clinical Users

The Psyomics Platform is designed for use by Healthcare Professionals within adult 'front door' mental health services. Professionals using the platform must be familiar with interpreting results from standardised mental health questionnaires and make autonomous clinical decisions regarding a patient's mental health. There are no specific training requirements for the use of the Psyomics Platform.

Patient Population

The Psyomics Platform is intended to be used by adult patients accessing 'front door' mental health services.

Patients must be able to understand, read, write, and respond in English.

The platform is not intended to be used for:

1. Patients whose referral indicates they may require crisis support;
2. Patients within / seeking access to Children and Young People's mental health services;
3. Patients within a Primary Care setting; and
4. Patient populations outside the scope of the expertise of the Healthcare Professionals using the platform.

Healthcare Professionals are expected to exercise their own clinical judgement to determine the appropriateness of using the platform to obtain information for specific cases, ensuring it aligns with the patient's individual needs and clinical context.

Use Environment Including Software/Hardware

Healthcare Professional

The Psyomics Platform is designed for use in clinical environments, specifically mental health 'front door' services, whether these working environments are physical dedicated building spaces or remote environments including Healthcare Professionals working from home. Healthcare Professionals can access the platform via a compatible web browser on an internet enabled device with appropriate authentication and authorisation.

Patient

Patients can complete questionnaires in the platform anywhere with reliable internet access with an internet enabled device, using a compatible web browser.

2. Mental Health Questionnaires

The Psyomics Platform incorporates the following standardised and validated Mental Health Questionnaires:
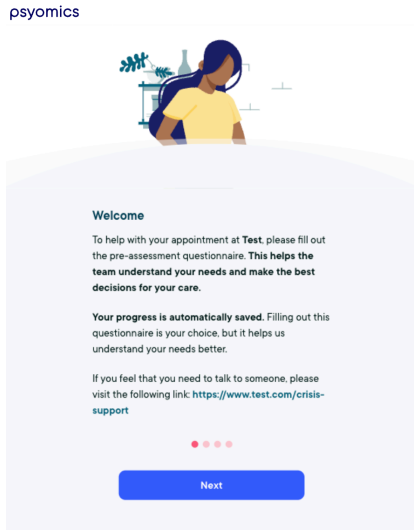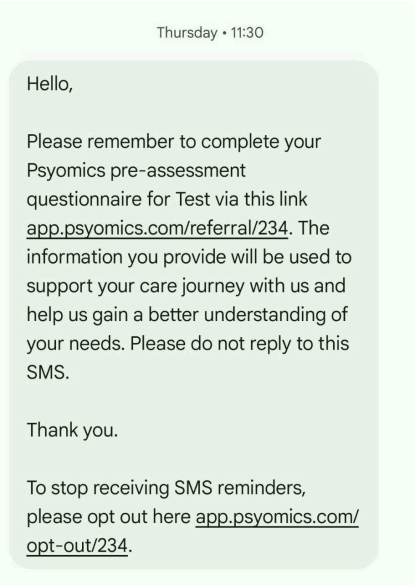
1. SCOFF
2. PCL-5
3. SPIN
4. PHQ-9
5. GAD-7
6. PDSS
7. OCI
8. ISI
9. AUDIT
10. DAST-10

Further information about these questionnaires is available in the 'Further Information about Validated Questionnaires' document for Psyomics Platform, which is linked in the platform Measures Detail tab. This document includes:
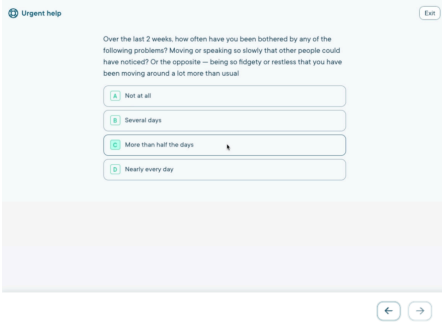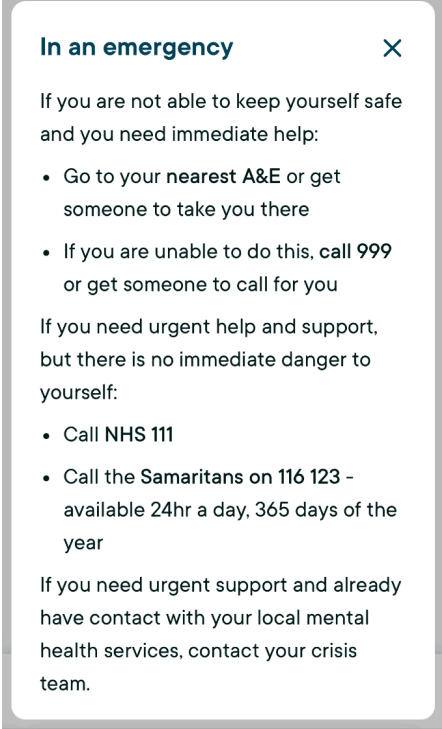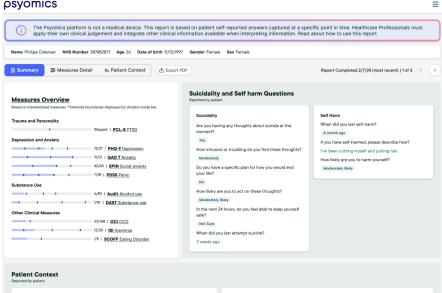- Information about what each questionnaire is intended to be used for;
- The limitations and considerations for each questionnaire;
- Information about how each questionnaire has been developed and validated; and
- Scoring criteria and interpretation.

3. How the Psyomics Platform Works

Steps	Description	User Interface
1. Referral to the Platform	Patients that are referred to the Psyomics platform receive a message to their mobile phone via SMS. This SMS contains a unique URL link to sign up for the Psyomics Platform. The Psyomics Platform asks the patient to register using an email address and password. Further demographic information is then required from the patient for identification purposes.	
2. Reminders	After a patient is referred, the platform periodically reminds the patient to complete the questionnaire if they have not already done so. The reminder SMS messages offer the ability to opt out of any further communications.	

3. Questionnaire	Patients answer questions from a series of mental health questionnaires. In addition to this, the patient is asked questions relating to other factors, such as their employment situation and current social context.	
4. Crisis Support	Throughout the questionnaire, independent crisis support information and contact details (services that are not provided by Psyomics) are prominently displayed for immediate access if needed. This information is located in the top left-hand corner of the screen, accessed by clicking on the 'Urgent Help' logo shown.	**In an emergency** ✕ If you are not able to keep yourself safe and you need immediate help: • Go to your **nearest A&E** or get someone to take you there • If you are unable to do this, **call 999** or get someone to call for you If you need urgent help and support, but there is no immediate danger to yourself: • Call **NHS 111** • Call the **Samaritans on 116 123** - available 24hr a day, 365 days of the year If you need urgent support and already have contact with your local mental health services, contact your crisis team.
5. Report Generation and Review	Once all the questions are complete, the patient's responses are collated into a report, which is then sent securely to the service provider to be reviewed by the healthcare professional. The report is only generated for completed responses by the patient. Partial or incomplete responses do not generate a report, and therefore are not transmitted to the service provider.	

4. Decommissioning / Uninstalling

If you wish to discontinue use of the platform you can deactivate your account by contacting **support@psyomics.com** for further assistance.

Product Specification

Hardware Requirement	Mobile phone, tablet, or desktop
Internet access required	The Psyomics Platform requires access to the internet to view the online version of the report. The PDF on some occasions may be available offline.
Minimum Internet browser version requirements	The Psyomics Platform is compatible with the following browsers: ● Chrome and other Chromium-based browsers such as Edge, Brave, Opera and Vivaldi ● Firefox ● Safari ● iOS Safari ● Opera mobile ● Android - Chrome browser ● Android - Firefox browser ● Samsung browser
Support Languages	en-GB

5. Software Information

App name:
Psyomics Platform

App version:
v1.1.1

Date of release:
5 March 2025

Manufacturer:

Psyomics Ltd

Address:

7 Quy Court,
Colliers Lane,
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Revision History

Version	Approval Date	Comments
1.0	3 March 2025	Initial version of document
1.1	5 March 2025	Revised for v1.1.1